

Pre-Registration Form

1st Annual Rotary/YMCA 5k Race

Saturday April 18th, 2009

*Please fill out 1 form per participant, check all activities that apply.  
Pre-Register before April 4<sup>th</sup> and save \$5!!*

5K race

Kids Fun Run

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age: (on day of race) \_\_\_\_\_

Gender:      Male      Female

Parental Signature if under 18:

\_\_\_\_\_

T Shirt Size (circle)    S    M    L    XL

5k Registration Fee: \_\_\_\_\_

Kids Fun Run Fee: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

## OUR SPONSORS

Title Sponsor:



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**Southwest Cabarrus  
Rotary Club and the  
Harrisburg Family  
YMCA present  
The Harrisburg 5K**



**Saturday April 18<sup>th</sup>, 2009 8:30 AM with  
Kids Fun Run at 9:30AM**



## Date, Time & Place

Saturday April 18<sup>th</sup>, 2009. The 5k Race will begin in front of the Harrisburg Town Center YMCA at 8:30am sharp. The Kids Fun Run will begin in the same location at 9:30am. The race will start and finish in front of the Harrisburg YMCA. Fan Fest will include free music, food and entertainment for all racers.

## Entry Fees

5k Race is \$15 prior to April 4<sup>th</sup> and \$20 the day of the race. 1 mile fun run is \$7 on or before April 4<sup>th</sup> and \$10 day of race. Make checks payable to Southwest Cabarrus Rotary.

## Pre-registration

Pre-register in person at the Harrisburg YMCA or Bank of North Carolina both located in the Harrisburg Town Center. Mail completed registration forms along with a check Attn: Tim Rowe, 1000 Copperfield Blvd NE Komi Plaza, Suite 112, Concord, NC 28025.

## Race Day Registration

Registration begins at 7:00am on the morning of the race. T-shirts and goody bags are on a first come basis and not guaranteed for race day registrants.

## T-Shirts and Awards

All participants with advance registration are guaranteed a T-Shirt and it is anticipated that all registrants will receive shirts. Prizes will be awarded to top 3 male and female 5k runners with additional 5k award categories for the age groups 10 and under, 11 to 15, 15 to 19, 20 to 24, 25 to 29, 30 to 34, 35 to 39, 40 to 44, 45 to 49, 50 to 59, 60 to 69, and 70 and over. All Children participating in the Fun Run will receive a prize.

## Amenities

- Chip Timing
- Post race food
- DJ Entertainment
- T-Shirts for all Pre-Registrants
- Changing rooms and Lavatories
- Race results posted at <http://www.swcabarrusrotary.org/index.php>
- Awards Ceremony to Follow Race

## Questions

Contact Tim Rowe at 704-995-2642 or at [tim@insuranceandmortgages.com](mailto:tim@insuranceandmortgages.com) for additional information

*Proceeds of the race will benefit charities selected by the Southwest Cabarrus Rotary Club and the Harrisburg Family YMCA Strong Kids Campaign Day.*

## Where will the funds go?

The Rotary Club of Southwest Cabarrus was the last rotary club founded in the 20th Century. Founded in December 1999, we are a continuously growing club of 30 members.

The motto of Rotary International, a service organization of over 1.2 million women and men worldwide, is "Service Above Self." That is our purpose globally and locally. The Southwest Cabarrus Rotary Club (Harrisburg, NC) organizes the Bank of NC Fall Short Track Series each fall to raise money in order to serve others. In our 2007 Race Series, we raised over \$4000.00 to fight polio and to fund other local club service projects. Once again this year we are "racing for a cause" and are introducing a local 5K running road race to support similar charities. Our net proceeds will support the final phase of polio eradication, and fund Alzheimer's research through Rotary.

The Cannon Memorial YMCA is a tax-exempt, not-for-profit organization that has served all of Cabarrus County and part of Rowan County since 1908. In December 2006 the Harrisburg Family YMCA joined the Cannon Memorial YMCA association as the third branch of our service area in Cabarrus County.

A portion of your registration fee will assist the YMCA in providing programs and membership to those who could not afford to participate otherwise. The Cannon Memorial YMCA depends on the financial contributions from individuals and corporations to continue improving the quality of life for children in our community. Every child deserves the chance to experience quality after school care, camp, sports, swimming and other skill and character building activities.